



TUE 2 AUG  
Start Time 10:30

## Start List by Session

### Morning Session

Event 39 Men's 200m Backstroke		10:30		Heat 1 of 3	
WR	1:51.92 PEIRSOL Aaron	USA	Rome (ITA)	2009	
GR	1:55.58 GODDARD James	ENG	Delhi (IND)	2010	
1	DODDS Isaac	JEY	17 APR 2004	2:05.80	
2	McNALLY Craig	SCO	22 DEC 1992	1:59.49	
3	WILLIAMS Brodie Paul	ENG	18 MAR 1999	1:56.16	
4	WOODWARD Bradley	AUS	5 JUL 1998	1:57.14	
5	HARVEY Jack	BER	6 MAY 2003	2:04.89	
6	LOWE Samuel	GGY	3 JUN 2004	2:14.81	
7					
8					

Event 39 Men's 200m Backstroke		10:34		Heat 2 of 3	
WR	1:51.92 PEIRSOL Aaron	USA	Rome (ITA)	2009	
GR	1:55.58 GODDARD James	ENG	Delhi (IND)	2010	
1	SHIHAM Mohamed Rihan	MDV	31 DEC 2006	2:33.66	
2	SHALAMON Harry	JEY	28 MAR 1998	2:05.50	
3	JEFFCOAT Andrew	NZL	22 JUL 1999	1:58.80	
4	GREENBANK Luke	ENG	17 SEP 1997	1:54.43	
5	COETZE Pieter	RSA	13 MAY 2004	1:56.92	
6	NATARAJ Srihari	IND	16 JAN 2001	2:02.25	
7	AITU Bede	COK	11 OCT 2001	2:14.49	
8					

Event 39 Men's 200m Backstroke		10:38		Heat 3 of 3	
WR	1:51.92 PEIRSOL Aaron	USA	Rome (ITA)	2009	
GR	1:55.58 GODDARD James	ENG	Delhi (IND)	2010	
1	GRESHAM Zackary	GRN	29 SEP 2004	2:15.80	
2	BROOKS Guy	RSA	12 MAR 2003	2:05.33	
3	LELLIOTT Jay	ENG	1 FEB 1995	1:58.80	
4	LARKIN Mitchell	AUS	9 JUL 1993	1:54.38	
5	EDWARDS-SMITH Joshua	AUS	5 APR 2003	1:56.71	
6	KHIEW Hoe Yean	MAS	2 SEP 2002	2:00.80	
7	CAREY Davante	BAH	8 FEB 2002	2:08.05	
8					

Event 40 Women's 200m Butterfly		10:42		Heat 1 of 2	
WR	2:01.81 LIU Zige	CHN	Jinan (CHN)	2009	
GR	2:05.45 THOMAS Alys	GBR	Gold Coast (AUS)	2018	
1	FORSON Zaira	GHA	6 APR 2005	2:51.91	
2	COETZEE Dune	RSA	14 MAY 2002	2:11.08	
3	MACINNES Keanna Louise	SCO	19 AUG 2001	2:08.86	
4	STEPHENS Laura	ENG	2 JUN 1999	2:07.04	
5	THOMAS Alys Margaret	WAL	10 OCT 1990	2:07.90	
6	JANSEN Ella	CAN	1 SEP 2005	2:10.00	
7	HEARNE Trinity	RSA	7 AUG 2003	2:15.46	
8					

Event 40 Women's 200m Butterfly		10:46		Heat 2 of 2	
WR	2:01.81 LIU Zige	CHN	Jinan (CHN)	2009	
GR	2:05.45 THOMAS Alys	GBR	Gold Coast (AUS)	2018	
1	RABEY Orla	GGY	12 DEC 2001	2:24.14	
2	HIBBOTT Holly	ENG	13 DEC 1999	2:10.27	
3	CONNOR Abbey	AUS	21 APR 2005	2:08.58	
4	DEKKERS Elizabeth	AUS	6 MAY 2004	2:07.01	
5	THROSSELL Brianna	AUS	10 FEB 1996	2:07.20	
6	QUAH Jing Wen	SGP	20 DEC 2000	2:09.52	
7	ZAVAROS Mabel	CAN	29 MAR 2000	2:11.68	
8					

Event 43 Men's 50m Freestyle		10:51		Heat 1 of 9	
WR	20.91 CIELO FILHO Cesar	BRA	Sao Paulo (BRA)	2009	
GR	21.30 PROUD Benjamin	ENG	Gold Coast (AUS)	2018	
1	KAMARA Mohamed	SLE	12 JAN 2003	29.51	
2	THOMAS Stefan	SHN	26 NOV 2005	27.83	
3	BUARO Ebrima Sorry	GAM	16 SEP 2000	27.44	
4	WYSE Joshua	SLE	24 MAR 2001	27.12	
5	NDJOUME Charly	CMR	11 NOV 1986	27.22	
6	KUMBATIRA Tsinde Andrew	MAW	3 NOV 2005	27.49	
7	CASWELL William	SHN	5 JUN 2008	28.32	
8	TIAKO Matthew Wila Tiako	SOL	13 JUL 2005		

Event 43 Men's 50m Freestyle		10:52		Heat 2 of 9	
WR	20.91 CIELO FILHO Cesar	BRA	Sao Paulo (BRA)	2009	
GR	21.30 PROUD Benjamin	ENG	Gold Coast (AUS)	2018	
1	DLAMINI Simanga	SWZ	8 OCT 1997	26.94	
2	IRO Edgar Richardson	SOL	18 NOV 2000	26.52	
3	GEORGE Bryson	SVG	12 AUG 2004	25.83	
4	CARROLL Aidan	GIB	27 JUL 2000	25.48	
5	TZEDEQ Sekhel	GUY	23 NOV 2003	25.63	
6	YON Duwaine	SHN	18 SEP 1999	26.24	
7	LAKE Alex	AIA	3 JUN 2005	26.85	
8	MANOLI Christos	CYP	19 JUN 2002	27.11	

Event 43 Men's 50m Freestyle		10:54		Heat 3 of 9	
WR	20.91 CIELO FILHO Cesar	BRA	Sao Paulo (BRA)	2009	
GR	21.30 PROUD Benjamin	ENG	Gold Coast (AUS)	2018	
1	ALLEYNE Kenale	SVG	26 OCT 2004	25.30	
2	MANIRAGUHA Eloi	RWA	1 JAN 1995	25.18	
3	LAWRENCE Warren	DMA	14 MAY 2003	25.01	
4	ALLAN Jack	JEY	15 MAY 2003	25.00	
5	MAHAICA Paul	GUY	17 APR 2006	25.01	
6	UHI Alan Koti Lopeti	TGA	16 OCT 2005	25.04	
7	SHEARER Rohan Karim	TCA	19 OCT 2006	25.20	
8	GONZALEZ Jordan	GIB	11 OCT 1995	25.41	

Event 43 Men's 50m Freestyle		10:56		Heat 4 of 9	
WR	20.91 CIELO FILHO Cesar	BRA	Sao Paulo (BRA)	2009	
GR	21.30 PROUD Benjamin	ENG	Gold Coast (AUS)	2018	
1	HUSSAIN Mohamed Aan	MDV	11 JUL 2004	24.60	
2	HALLETT Ronny	GGY	19 MAR 2004	24.53	
3	TARIQ S	PAK	6 APR 1996	24.45	
4	OHUAFI Finau	TGA	25 JAN 2001	24.40	
5	ROBINSON Adrian	BOT	11 APR 2000	24.42	
6	MONCHERRY Adam	SEY	9 JUN 1998	24.51	
7	SALIBOKO Collins	TAN	9 APR 2002	24.54	
8	AMBALA Atuhaire Ogola	UGA	26 APR 2001	24.69	

Event 43 Men's 50m Freestyle		10:58		Heat 5 of 9	
WR	20.91 CIELO FILHO Cesar	BRA	Sao Paulo (BRA)	2009	
GR	21.30 PROUD Benjamin	ENG	Gold Coast (AUS)	2018	
1	ALLISON James Richard	CAY	13 MAR 2006	24.37	
2	McCAIG Hansel	FIJ	28 JUL 2003	24.22	
3	KIRBY Jack	BAR	24 JUL 2000	24.15	
4	SHALAMON Harry	JEY	28 MAR 1998	24.00	
5	YOUNG David	FIJ	23 MAR 2005	24.11	
6	MOHAMED R	KEN	15 AUG 2000	24.17	
7	VINCENT Bradley	MRI	30 NOV 1991	24.25	
8	RABUA E	FIJ	24 OCT 1998	24.40	



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### Morning Session

Event 43 Men's 50m Freestyle		11:00		Heat 6 of 9	
WR	20.91 CIELO FILHO Cesar	BRA	Sao Paulo (BRA)		2009
GR	21.30 PROUD Benjamin	ENG	Gold Coast (AUS)		2018
1	BREHAUT Ollie	JEY	17 JUN 2004		23.90
2	REZA Md Asif	BAN	24 OCT 1996		23.85
3	THOMAS Nathaniel	JAM	16 JUL 2004		23.80
4	ANODIN Gregory	MRI	2 OCT 1999		23.69
5	CADOGAN Shane	SVG	1 JUN 2001		23.74
6	BECK Jonathan	GGY	1 DEC 1997		23.83
7	MUKALAZI Tendo	UGA	15 JUN 2002		23.87
8	LAWRENCE Matthew	MOZ	27 DEC 2003		23.93

Event 43 Men's 50m Freestyle		11:02		Heat 7 of 9	
WR	20.91 CIELO FILHO Cesar	BRA	Sao Paulo (BRA)		2009
GR	21.30 PROUD Benjamin	ENG	Gold Coast (AUS)		2018
1	IAKOVIDIS Markos	CYP	28 SEP 2000		23.43
2	TAYLOR Lamar	BAH	21 JUN 2003		22.85
3	LEE Mikkel	SGP	12 DEC 2002		22.36
4	PROUD Benjamin	ENG	21 SEP 1994		21.72
5	TEONG Tzen Wei	SGP	17 OCT 1997		21.93
6	BARRETT Adam	ENG	30 JUL 1992		22.52
7	LEONG Bryan Xin Ren	MAS	25 FEB 2003		23.09
8	ROBINSON Harry	IOM	8 OCT 2004		23.66

Event 43 Men's 50m Freestyle		11:04		Heat 8 of 9	
WR	20.91 CIELO FILHO Cesar	BRA	Sao Paulo (BRA)		2009
GR	21.30 PROUD Benjamin	ENG	Gold Coast (AUS)		2018
1	WILLIAMS Sidrell	JAM	7 MAY 1996		23.32
2	JIMMIE Clayton	RSA	10 JUL 1995		22.74
3	TAN Jonathan Eu Jin	SGP	11 MAR 2002		22.12
4	LIENDO EDWARDS Joshua	CAN	20 AUG 2002		21.61
5	NOWAKOWSKI Tom	AUS	2 FEB 2001		21.86
6	GRAY Cameron	NZL	13 AUG 2003		22.42
7	CALKINS Stephen	CAN	9 SEP 1998		23.02
8	BACHMANN Mathieu	SEY	26 MAR 1996		23.54

Event 43 Men's 50m Freestyle		11:06		Heat 9 of 9	
WR	20.91 CIELO FILHO Cesar	BRA	Sao Paulo (BRA)		2009
GR	21.30 PROUD Benjamin	ENG	Gold Coast (AUS)		2018
1	WATTERSON Joel	IOM	14 FEB 1999		23.21
2	JONES Dan	WAL	30 AUG 1996		22.55
3	BELL Grayson	AUS	21 MAR 1997		22.08
4	CARTER Dylan	TTO	30 JAN 1996		21.09
5	BURRAS Lewis Edward	ENG	12 FEB 2000		21.77
6	SOUTHAM Flynn	AUS	5 JUN 2005		22.39
7	JACKSON Abeku	GHA	12 APR 2000		22.92
8	MITCHELL Stefano	ANT	22 SEP 1999		23.52

Event 44 Women's 50m Backstroke		11:08		Heat 1 of 5	
WR	26.98 LIU Xiang	CHN	Jakarta (INA)		2018
GR	27.56 DAVIES Georgia	WAL	Glasgow (GBR)		2014
1	ISHA Kanu	SLE	23 MAY 2000		44.23
2	COLLYMORE Tilly	GRN	27 NOV 2007		35.24
3	AHMED Hamna	MDV	18 APR 2003		34.53
4	SAUSAN Aishath	MDV	20 JUN 1988		34.23
5	YON Brooke	SHN	8 JUL 2005		34.44
6	PRENTICE Kiera	IOM	8 DEC 2004		34.92
7	TEMBA Kayla	TAN	13 JUN 2003		39.30
8					

Event 44 Women's 50m Backstroke		11:10		Heat 2 of 5	
WR	26.98 LIU Xiang	CHN	Jakarta (INA)		2018
GR	27.56 DAVIES Georgia	WAL	Glasgow (GBR)		2014
1	JOACHIM Jamie	SVG	30 AUG 2007		33.72
2	ROVA Cheyenne	FIJ	23 APR 1995		32.83
3	HALL Arleigha	TCA	26 SEP 2000		32.70
4	McALORUM Mollie	NIR	2 FEB 2005		31.66
5	SOUKUP Therese	SEY	8 JUL 2003		32.69
6	TREASURE Danielle	BAR	3 SEP 2003		32.73
7	MEYA Avice	UGA	2 DEC 1994		32.94
8	MAHAICA Patrice Ruth	GUY	17 APR 2006		34.16

Event 44 Women's 50m Backstroke		11:12		Heat 3 of 5	
WR	26.98 LIU Xiang	CHN	Jakarta (INA)		2018
GR	27.56 DAVIES Georgia	WAL	Glasgow (GBR)		2014
1	ADJEI Nubia	GHA	31 JAN 2003		30.54
2	TITUS Danielle	BAR	13 AUG 2002		29.65
3	OUWEHAND Vanessa Hazel	NZL	30 DEC 1999		28.38
4	O'CALLAGHAN Mollie	AUS	2 APR 2004		27.46
5	COX Lauren	ENG	27 NOV 2001		27.83
6	HINDLEY Isabella	ENG	1 OCT 1996		28.93
7	STICKLAND Lushavel	SAM	8 MAR 1998		29.96
8	PALESTRINI Aaliyah	SEY	1 OCT 2003		31.19

Event 44 Women's 50m Backstroke		11:14		Heat 4 of 5	
WR	26.98 LIU Xiang	CHN	Jakarta (INA)		2018
GR	27.56 DAVIES Georgia	WAL	Glasgow (GBR)		2014
1	CABRAL Katelyn	BAH	23 JUN 2003		30.53
2	MOORE Maddy	BER	17 MAY 2000		29.48
3	HILL Danielle	NIR	27 SEP 1999		28.11
4	MASSE Kylie	CAN	18 JAN 1996		27.18
5	JOB Bronte	AUS	25 MAR 2003		27.62
6	MEDER Rebecca	RSA	31 JUL 2002		28.86
7	TOSTEVIN Tatiana	GGY	19 APR 2003		29.81
8	HODGSON Emma	IOM	13 APR 2002		30.88

Event 44 Women's 50m Backstroke		11:16		Heat 5 of 5	
WR	26.98 LIU Xiang	CHN	Jakarta (INA)		2018
GR	27.56 DAVIES Georgia	WAL	Glasgow (GBR)		2014
1	ATHERLEY Gemma	JEY	4 DEC 1997		30.20
2	HARVEY Emma	BER	23 JUL 2001		29.41
3	WILD Cassie	SCO	12 JUN 2000		27.85
4	McKEOWN Kaylee	AUS	12 JUL 2001		27.16
5	HARRIS Medi	WAL	15 SEP 2002		27.56
6	NEL Olivia	RSA	23 JUL 2002		28.81
7	MACNEIL Margaret	CAN	26 FEB 2000		29.67
8	DAVISON Grace	NIR	26 AUG 2007		30.65

Event 45 Mixed 4 x 100m Medley Relay		11:19		Heat 1 of 3	
WR	3:37.58 Great Britain	GBR	Tokyo (JPN)		2021
1					
2					
3	Singapore	SGP			
4	Maldives	MDV			
5	Samoa	SAM			
6	Zambia	ZAM			
7					
8					



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## Start List by Session

### Morning Session

Event 45 Mixed 4 x 100m Medley Relay		11:26		Heat 2 of 3	
<b>WR</b>	3:37.58 Great Britain	GBR	Tokyo (JPN)	2021	
1	St Helena	SHN		5:08.00	
2	Barbados	BAR		4:07.00	
3	Scotland	SCO		3:50.00	
4	England	ENG		3:42.92	
5	South Africa	RSA		3:45.32	
6	Isle of Man	IOM		4:01.50	
7	Fiji	FIJ		4:17.26	
8	The Bahamas	BAH			

Event 45 Mixed 4 x 100m Medley Relay		11:33		Heat 3 of 3	
<b>WR</b>	3:37.58 Great Britain	GBR	Tokyo (JPN)	2021	
1	Uganda	UGA		4:29.56	
2	Guernsey	GGY		4:04.16	
3	Wales	WAL		3:46.22	
4	Australia	AUS		3:41.34	
5	Canada	CAN		3:44.03	
6	Jersey	JEY		4:00.00	
7	Cook Islands	COK		4:13.13	
8	Kenya	KEN			

Event 46 Men's 1500m Freestyle		11:40		Heat 1 of 2	
<b>WR</b>	14:31.02 SUN Yang	CHN	London (GBR)	2012	
<b>GR</b>	14:41.66 PERKINS Kieren	AUS	Victoria, BC (CAN)	1994	
1					
2	FREEMAN James	BOT	28 MAR 2001	15:38.28	
3	POLLARD Kieren	AUS	4 MAY 1999	15:16.39	
4	SHORT Sam	AUS	17 SEP 2003	14:57.22	
5	ROBINSON Toby	ENG	22 AUG 1996	15:01.35	
6	PAGE Advait	IND	16 NOV 2001	15:23.66	
7	DODDS Isaac	JEY	17 APR 2004	16:36.80	
8					

Event 46 Men's 1500m Freestyle		11:58		Heat 2 of 2	
<b>WR</b>	14:31.02 SUN Yang	CHN	London (GBR)	2012	
<b>GR</b>	14:41.66 PERKINS Kieren	AUS	Victoria, BC (CAN)	1994	
1					
2	RAWAT Kushagra	IND	16 FEB 2000	15:38.13	
3	TURLEY Luke Thomas	ENG	24 MAR 2000	15:07.71	
4	JERVIS Daniel	WAL	9 JUN 1996	14:50.22	
5	WIFFEN Daniel	NIR	14 JUL 2001	14:57.66	
6	BROWN Eric Georges	CAN	1 OCT 2002	15:17.46	
7	CHATOOR Graham Irvin	TTO	12 JAN 2000	16:20.48	
8					

**Legend:**

**GR** Commonwealth Games Record      **WR** World Record